

**SEVERN
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Welcome to our resource page for the Life-Giving Habit of:



15 Questions for 2015 - WORKSHEET

to help my 2015 Reflections... & Responses to Plan...

On the next pages is a **worksheet** of 15 Questions for 2015 aiming to draw out areas where we can intentionally reflect on our lives, and respond. The 15 questions for reflection are in 4 main areas: -

- where can we receive greater **encouragement**?
- where can we connect more with other **people**?
- where we can consider our areas of **activity**?
- & a final 5 questions that can stretch us in where we might embrace greater **challenge**?

We can respond on both or either of the 2 tracks of:
re-active areas where I know God is getting my attention right now
&
pro-active areas where I already think I know what I've been told to do

So consider and reflect upon what's your plan for each of these – the questions are both in a worksheet here & a separate list format with more notes. These may well be too overwhelming to do in 1 go, so either space out through this month taking 1 section at a time (including involving others), or if you wish just dig down on the questions that **MOST** get your attention?

Your plans are most effective when they are SMART (**S**pecific, **M**easurable, **A**chievable, **R**ealistic & **T**ime-bounded) & shared with someone else who will both encourage you in them & challenge you where the plan isn't quite right (or **S**pecific enough!),

So they are worth writing down, and worth sharing with someone else...
The **HOW's** of each of these responses though are now up to you...

Have a great 2015 – of reflection & response! :-D

Mal Calladine 8th January 2015



A) PERSONAL ENCOURAGEMENT

1) **Where** do I get encouraged / supported / inspired? – **PLACE** – a pilgrimage in 2015?
either a spiritual hotspot or a place of natural beauty where I experience God's presence?



Can you include a 'when' in your plan?

2) **Who** do I get encouraged / supported / inspired by? – **PERSON** – visit planned in 2015?
A person or group / family who inspires that I should make plans to connect with...



Can you include a 'when' in your plan?

3) **When** do I have **FUN / RE-CREATION**?

Am I getting to do what I like doing? That re-creates me? Is it regularly timetabled & planned for? Including a rhythm of sufficient rest...



Can you identify regularity for this list? weekly / monthly / seasonally – depending on kind of activity / plan)

B) PEOPLE

4) **Who** should I **INVEST** in? (without my expecting any return?)
someone I believe in; who will take both my comfort & challenge?



5) **When** am I connecting with (**Sliver**) **MENTORS**? The VIPs – the Very Inspiring People in my life?
'Sliver' Mentors are in the different areas of my life where I need input. 1 person won't cover all, of work, money, relational, marriage, parenting, spiritual life etc where wisdom is needed!
The importance of VIPs is that they balance the pressure & time with VDPs (very demanding people) & VNPs (very nice people). No VIPs (very inspiring people) in our lives & we get drained.

Area of Input I need

Who I'd like to do that?



☺ ☺ *What's the plan to contact & respond to this list?*

C) ACTIVITY

6) **Where** can I still be an **APPRENTICE** & remember what it is to be invested in / disciplined in 2015?

In what skill? Or connected to the activity or spiritual life of which person?

7) **Where** do I identify the energy of most **LIFE** around me? **How** can I invest more time, energy or money to that?

Where most 'life' is can normally be identified in what you give most thanks for...

8) **What** is the area of my life in which I need to **STOP?**

The area I know a deep down conviction that it's draining me or is just not quite the right thing to do? And I need a little push to help me stop it...

☺ *And what is the plan for **HOW** to do that? ☺ **WHO** will I be accountable to for the process?*

9) **Where** should I **GIVE** outrageously in 2015?

The prophetic statement of the alabaster jar or widow's mite; that is an action against our materialistic culture's greatest fears, & is good news of a generous God to those who receive it? And is good to get my own place of financial trust & reliance correctly aligned.

10) **Where** do I need to **COMMIT** to **SERVE, SUBMIT** or **SURRENDER** in 2015?

To come 'under the mission' of someone else or invest in a wider vision? It's humbling but vital. Romans 12:10 cf leadership link: <http://blogs.forbes.com/mikemyatt/> (26-12-2012)

D) PERSONAL CHALLENGE

11) **What** is my greatest area of **WEAKNESS** / temptation that I need to attend to?

A plan to be 1 step away? Or more? A plan to 'flee' & be separate from, rather than close to – cf David walking on roofs...

☉ *What is the plan for **HOW** to do that? ☺ to **WHO** will I be accountable for the process?*

12) **Who** am I most **ACCOUNTABLE** to? & **What** do I want them to **ASK** me?

*1 John 1. Am I investing in my place where everything comes into the light? Not just sin avoidance, but the encouragement of the armour-bearer in 1 Samuel 14 – ‘do what you have in mind!’ Are expectations in that relationship clear & spoken out? Is permission given to challenge / call to greater things? What are the **5 Questions** I would want some one I really trust to ask me? List those questions & identify that person!*

☺ **WHO?**

⊙ *Expectations clear? What are they? Inc **HOW** meet / plan & permission given to ask what?*

5 Questions I'd like asked of me??

?1:

?2:

?3:

?4:

?5:

13) Is there anywhere I need to **EMBRACE MOURNING** in my life?

If Jesus comforts those who mourn & turns our mourning into dancing; have I put off a situation I need to embrace, to experience more his comfort and from that see a situation move?

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14) **What** is my 2014 Defining Moment ('kairos' cf Mark 1: 15) **LEFT UNFINISHED?**

What elements do I still need to attend & complete a response? What's the specific things I still have a responsibility to respond to?

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☉ And what is the plan for **HOW** to do that? ☺ **WHO** will I be accountable to for the process?

15) Is there anything I'm **CARRYING** that I know I need to put down or make intentional plans to deal with in 2015 (so I'm not carrying it as an 'unnecessary burden' anymore)?

Can you identify & list those things – what process do you need to commit to to respond to in that area. (You know its there, if you spend more time thinking about it than you know you should). Galations 6:5

☉ Areas I'm reminded I still carry too much ⇨ what is the plan for **HOW** to respond?

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☺ **WHO** will I be accountable to for this process?