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# LIFE-GIVING HABITS

Sow a habit reap a lifestyle

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**SECRET**



“...to glorify God and  
enjoy Him forever”



“If you have any encouragement from being united with Christ, if any comfort from His love, if any fellowship with the Spirit, if any tenderness and compassion, then make my joy complete by being like-minded, having the same love, being one in spirit and purpose.

Do nothing out of selfish ambition or vain conceit, but in humility consider others better than yourselves.”

Phil 2: 1-4

“You ought to leave here and go to Judea, so that your disciples will see the miracles that you do. No-one who wants to become a public figure acts in secret. Since you are doing these things, show yourself to the world”.

John 7:3-5



How much money we earn



Our social or professional status



What we own



Our popularity

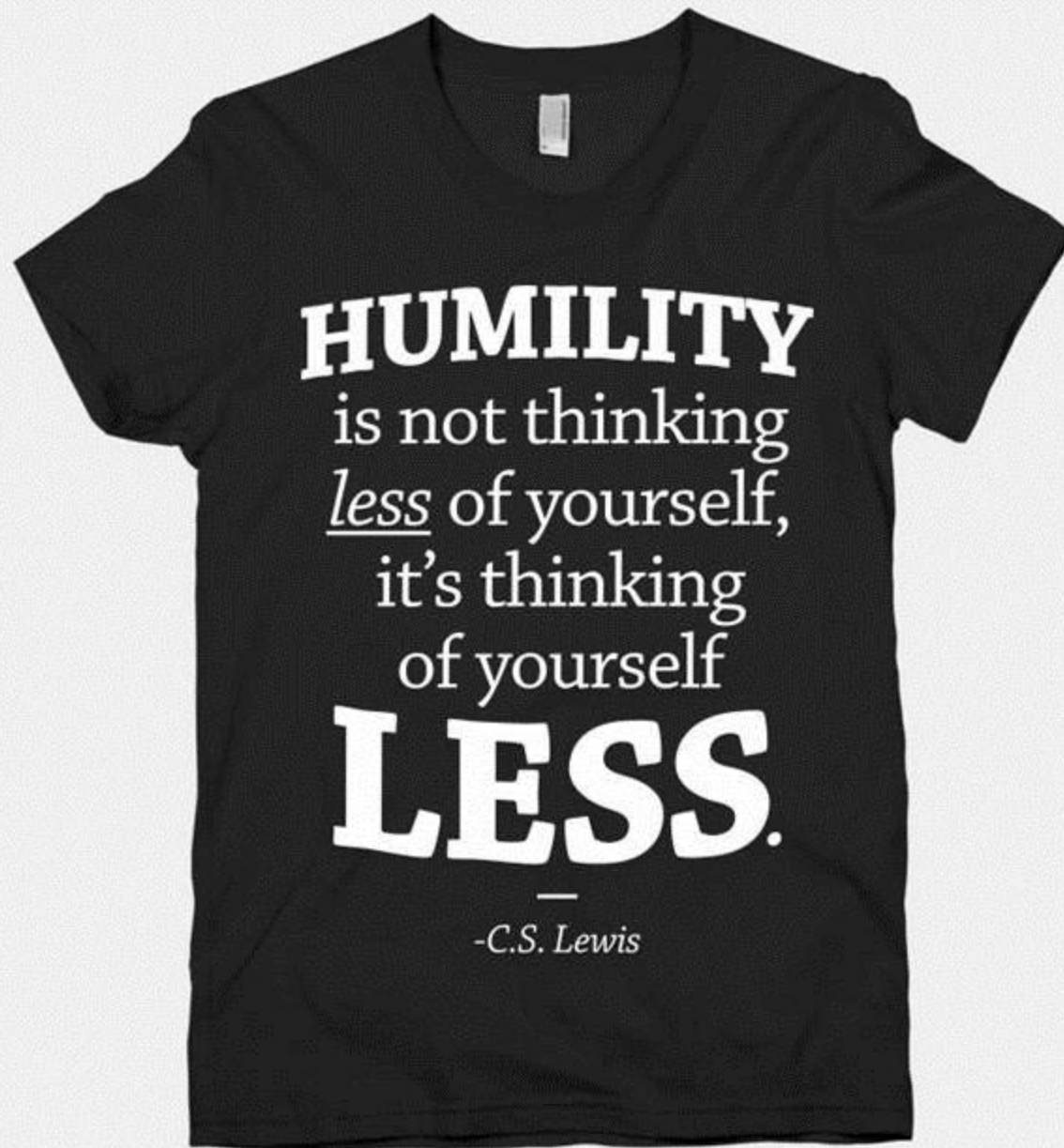


Our career advancement



Compliments from others





**HUMILITY**

is not thinking  
*less* of yourself,  
it's thinking  
of yourself

**LESS.**

—  
-C.S. Lewis

## Welcome to our Life-Giving Habits page!

On this page you will find information about our current Life-Giving Habit, as well as ideas for applying it in your own life, in your household, your small group and with the whole church. You will also find resources for our previous habits on the right hand side.

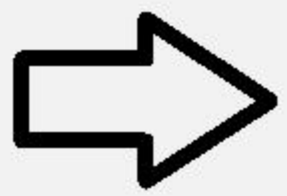
The habit we will be practicing this month is...



Listen to Rachel Roberts' talk here from Tuesday 5th May

### Secrecy Resources & Ideas from Rachel:

You can download a pdf document with ideas and resources for putting this habit into practice by clicking [here](#).



## Previous Habits & Resources:

Listen to the introduction to Life-Giving Habits by Owen Lynch:



Listen to the talk on Reflection by Mal Calladine:





# gleeful

Adjective

1. exuberantly or triumphantly joyful.  
"she gave a gleeful chuckle"

*synonyms:* delighted, pleased, joyful, happy,  
glad, amused, mirthful, cheerful,  
overjoyed, elated.



See what great love the Father has  
lavished on us, that we should be called  
children of God! And that is what we are!

1 John 3:1

For you created my inmost being;  
you knit me together in my mother's womb.

I praise you because I am fearfully and  
wonderfully made;

Your works are wonderful,  
I know that full well.

My frame was not hidden from you  
when I was made in the secret place,  
when I was woven together in the depths of  
the earth.

Your eyes saw my unformed body;  
all the days ordained for me were written in  
your book before one of them came to be.

Psalm 139: 13-16

